

DIY Masks

Source: <http://www.khc-freeport.com/masuku.html>



Rectangular Mask

Materials

- Gauze fabric 18*22cm (x2)
 - ◇ (Mask shown in sample image is made from a patterned material)
 - ◇ Gauze handkerchiefs or gauze towels can be used as substitutes
- Elastic bands for masks (x2)
- TEKNOROTE (elastic chord for shape-holding) 9cm (x1)

Method

1. Lay the fabric pieces on top of each other, then sew 1cm away from the seam allowance on the top and bottom (22cm) sides.
2. Flip the fabrics inside out so the threads are hidden, then sew 0.8cm away from the seam allowance on both the top and bottom sides.
3. On the top side (i.e. the side with the 0.8cm and 1cm stitches), measure 4.5cm from the centre and make a stitch perpendicular to and in-between the two existing stitches.
4. Thread the elastic chord through the top side, then make another stitch to secure the chord in the center.
5. Fold the fabric down in half so the top and bottom sides face each other. Measure 3cm above the center fold and make a 0.8cm mountain fold, then measure 2.5cm below the center fold and make another 0.8cm mountain fold. Iron the folds to hold them in place.
6. Make three stitches along both of the shorter sides, 0.2cm, 1cm and 2cm from the seam allowance. Cut away any excess threads.

7. Fold both sides of the mask inward twice, then make a stitch 2cm away from both edges to hold all the folds in place.
8. Thread the elastic straps through the sides and make two individual loops.
*Adjust the length of the straps to your personal preference.

How to Sanitize After Use

Bleach the mask in Haiter (0.02% sodium hypochlorite detergent) before rinsing.

3D Mask



Materials

- Gauze fabric 16cm*25cm (x2)
 - ✧ (Mask shown in sample image is made from a patterned material)
- Elastic bands for masks 20cm (x2)

Method

1. Cut out 4 pieces of fabrics of the same size using the template provided.
2. Divide the fabrics into two sets. For each set, lay the curved sides 0.5cm over each other, then sew the sides together.
3. Lay the two sets over each other and stitch the top and bottom of the mask together.
4. Flip the mask inside out so the threads are hidden.
5. Make two 1cm folds towards the center with each of the unsewn sides, then stitch on both ends.
6. Thread the elastic straps through the two ends.

*Adjust the length of the straps to your personal preference.

Templates for the 3D mask are attached on the next page

How to Sanitize After Use

Bleach the mask in Haiter (0.02% sodium hypochlorite detergent) before rinsing.